

Effects of Forest Therapy on Physical and Psychological Parameters in the General Population - a Randomized Controlled Trial

NCT05562128

Status	RECRUITING
Phase	Not Applicable
Sponsor	Charite University, Berlin, Germany
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (1)

- Ability to Consent

Exclusion (5)

- Serious acute or chronic illness
- Immobility or limitation of mobility due to orthopedic, neurologic, or other medical causes
- Participation in another study
- Serious mental illness
- Pregnancy and lactation.

Locations (1 total)

Charité Hochschulambulanz für Naturheilkunde am Immanuel Krankenhaus, Berlin, State of Berlin, Germany