

# Effects of Microcurrent Treatment With and Without Resistance Exercises

NCT05567237

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Greenwich
Enrollment	40 participants

## Key Eligibility Criteria

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### Inclusion (1)

- non-regularly trained male and female adults, aged 40 to 65 years old.

### Exclusion (1)

- with no musculoskeletal injuries, metabolic conditions, or diseases or currently taking medications, smoking, and nutritional supplements known to affect physical performance, muscle damage or recovery processes (e.g., creatine, whey protein, and amino acids, vitamin, or mineral supplementation, etc.) within 6 weeks prior to the start of the study.

## Locations (1 total)

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School of Human Sciences, University of Greenwich, Avery Hill Campus, Sparrows Farm, London, United Kingdom