

# Efficacy of Mobile Health Application in Promotion of Exclusive Breast Feeding and Young Child Feeding Practices in Pakistan

NCT05590351

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Aga Khan University
Enrollment	300 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Pregnant women in the third trimester at 36 +/- 1 week of gestation.
- Planned to stay in their respective areas for at least 1 year after delivery
- Planned to get the infant immunized from the respective FHC of the hospitals.
- Have access to smart phones with internet connection.
- Registered and planning to deliver to any of the Secondary Care Hospitals

... and 2 more (see full listing online)

### Exclusion (2)

- High-risk including maternal neurological/heart/ autoimmune/renal disease, preeclampsia, placenta previa, multiple gestations (twins/triplets), fetal structural/genetic anomalies, fetal growth restrictions, and birth trauma/requiring NICU admission.
- Women who plan to move to different location after delivery

## Locations (1 total)

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The Aga Khan University, Karachi, Sindh, Pakistan