

# Focused Extracorporeal Shockwave Therapy for Knee Arthritis

NCT05596591

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Kessler Foundation
<b>Enrollment</b>	15 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Males and females 30-80 years old, inclusive.
- Kellgren-Lawrence (KL) score grade 2-4 as diagnosed on X-Ray.
- Presence of BML(s) on MRI in a weight-bearing region of the knee (medial/lateral femoral condyle or tibial plateau).
- Knee pain for more than 2 months.
- Knee pain intensity during the week leading up to the screening visit is at least 4 out of 10 on an 11-point numerical rating scale (NRS; 0, no pain; 10, maximum pain imaginable).

... and 2 more (see full listing online)

### Exclusion (24)

- Traumatic BMLs.
- Primary cause of patient pain and loss of function is due to pathology other than BML(s), according to patient history and clinical evaluation.
- Presence of bilateral BML(s).
- Systemic autoimmune diseases, such as systemic lupus erythematosus and rheumatoid arthritis.
- Participants receiving glucocorticoids due to any other underlying disease.

... and 19 more (see full listing online)

## Locations (2 total)

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New Jersey Regenerative Institute, Cedar Knolls, New Jersey, United States  
Nathan Hogaboom, West Orange, New Jersey, United States

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<https://clinicaltrials.gov/study/NCT05596591>

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