

Prevention of NAFLD and CVD Through Lifestyle Intervention

NCT05618626

Status	RECRUITING
Phase	Not Applicable
Sponsor	Pontificia Universidad Catolica de Chile
Enrollment	300 participants

Key Eligibility Criteria

Inclusion (2)

- With and without gallstones disease
- With various degrees of NAFLD (none too severe)

Exclusion (4)

- Any significant comorbidity or physical limitation to undergo resistance exercise program
- Use of medications that alter muscle mass (e.g., corticosteroids)
- History of hepatitis B or C
- Use of hepatotoxic drugs

Locations (1 total)

Centro MAUCO+, Molina, Maule Region, Chile