

Hypothalamic Amenorrhea as a Fertility Status Marker for Cardiovascular Health (ARCH)

NCT05629377

Status RECRUITING
Sponsor Mayo Clinic
Enrollment 90 participants

Key Eligibility Criteria

Inclusion (4)

- Secondary amenorrhea of 3 or more consecutive months duration
- Include the screening hormones (eg, estradiol (E2) < 50 pg/ml, Follicle-Stimulating Hormone (FSH) < 10 mIU/ml, and Luteinizing Hormone (LH) < 10 mIU/ml and other HA-defining hormones); or clinical diagnosis of HA by medical providers.
- Pre-menopause status.
- Able to give informed consent.

Exclusion (5)

- A diagnosis for secondary amenorrhea including prolactinoma, Polycystic Ovary Syndrome (PCOS), premature ovarian insufficiency, pituitary surgery, infection or infarction
- Pregnancy
- Psychotropic/illicit drug use
- Mental/neurological/major psychological disorders (other than depression and anxiety).
- Parturition/lactating in the last 6-12 months.

Locations (1 total)

Mayo Clinic Florida, Jacksonville, Florida, United States