

A Deployment Focused Pragmatic Trial of Optimal Stepped Care Intervention Targeting PTSD and Comorbidity for Acutely Hospitalized Injury Survivors Treated in US Trauma Care Systems

NCT05632770

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Washington
Enrollment	424 participants

Plain Language Summary

This study tests a structured, step-by-step mental health program for people who have experienced a serious physical injury and are at risk for PTSD (post-traumatic stress disorder). It aims to provide the right level of care at the right time after trauma.

****You may be eligible if...****

- You are 18 years or older
- You were recently injured and treated at a trauma center
- You scored high on a PTSD screening questionnaire
- You speak English or Spanish

****You may NOT be eligible if...****

- You are under 18
- You do not meet the PTSD risk criteria on screening
- You do not speak English or Spanish

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (4)

- Injured patients e18 years of age
- Meet e 3 of 10 risk domain criteria in electronic health records (EHR) screen
- Score of e 30 on DSM-5 PTSD Checklist (PCL) score or score of e 35 on DSM-IV PTSD Checklist (PCL) .
- Speak English and/or Spanish

Exclusion (12)

- Age \<18
- Not admitted for a traumatic injury
- Speak a language other than English and/or Spanish
- Acutely suicidal/admitted for a suicide attempt
- Cognitively impaired
- ... and 7 more (see full listing online)

Locations (1 total)

— Harborview Medical Center, Seattle, Washington, United States

<https://clinicaltrials.gov/study/NCT05632770>

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