

Dietary Approach to Mild-to-moderate Psoriasis

NCT05644782

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Palermo
Enrollment	82 participants

Key Eligibility Criteria

Inclusion (4)

- age >18 and <65 years;
- no systemic therapy for psoriasis for at least 3 months before inclusion in the study;
- negativity of anti-deamidated gliadin protein (anti-DGP) immunoglobulins (Ig) class A (IgA) and immunoglobulins (Ig)G, anti-tissue transglutaminase (anti-tTG) class IgA and IgG, and Endomysium antibodies (EmA);
- absence of WA (negative prick-test and/or specific serum immunoglobulins (Ig)E assay for wheat, gluten, and gliadin).

Exclusion (9)

- severe chronic plaque-type psoriasis (based on BSA);
- self-exclusion of gluten/wheat from the diet and refusal to reintroduce it, for diagnostic purposes, before entering the study;
- pregnancy;
- alcohol and/or drug abuse;
- Helicobacter pylori and other bacterial and/or parasitic infections;
- ... and 4 more (see full listing online)

Locations (3 total)

Dermatology Department of the University Hospital 'P. Giaccone' of Palermo, Italy,, Palermo, Palermo, Italy
Internal Medicine Department of the University Hospital of Palermo, Palermo, Palermo, Italy
Internal Medicine Division of the "Cervello-Villa Sofia" Hospital, Palermo, PA, Italy