

Sleep Impairment in Subjects at Risk of Developing Alzheimer's Disease

NCT05649514

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital, Montpellier
Enrollment	50 participants

Plain Language Summary

This study looks at sleep problems in people with mild Alzheimer's disease and how sleep disturbances might be connected to the disease's progression. It also involves a family caregiver in the monitoring process.

****You may be eligible if...****

- You have a diagnosis of mild Alzheimer's disease with a cognitive score between 21 and 30
- You are either not on Alzheimer's medications or have been on stable doses for at least 3 months
- A family member or caregiver is available to assist with the study

****You may NOT be eligible if...****

- You are currently taking antidepressants or anxiety medications (unless stopped for at least 15 days)
- You have severe cognitive impairment
- You do not have a family caregiver available

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (7)

- Diagnosis of mild Alzheimer's disease with a MMS between 21-30
- Without anticholinesterase and/or memantine treatment or on stable doses for at least 3 months
- No antidepressant or anxiolytic treatment or stopped for at least 15 days
- The presence of a family carer to complete neuropsychological scales, questionnaires and sleep diaries
- Signed informed consent
- ... and 2 more (see full listing online)

Exclusion (9)

- Genetic form of Alzheimer's disease
- Insufficient clinical and paraclinical information for the diagnosis of AD
- Patient living in a nursing home
- Illiteracy or inability to perform psycho-behavioural tests
- Major physical or neurosensory problems that may interfere with the tests
- ... and 4 more (see full listing online)

Locations (1 total)

CHU de Montpellier, Montpellier, Hérault, France

<https://clinicaltrials.gov/study/NCT05649514>

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