

Does Joint Lavage Reduce Intraarticular Inflammation in High-energy Tibial Pilon Fractures?

NCT05652881

Status	RECRUITING
Phase	Not Applicable
Sponsor	United States Naval Medical Center, San Diego
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (3)

- Male or female age 18 years or older
- Present with an axially unstable tibial pilon fracture requiring temporary external fixation followed by delayed definitive internal fixation
- Able to give informed consent

Exclusion (11)

- Open fractures
- Delayed presentation greater than 72 hours post-injury
- Associated talar body fracture
- Presentation after initial ex-fix placement
- Unreconstructable or unsalvageable joint
- ... and 6 more (see full listing online)

Locations (1 total)

Brooke Army Medical Center, Fort Sam Houston, Texas, United States