

Randomized Trial for cLBP (Gokhale Project)

NCT05657964

Status RECRUITING
Sponsor Stanford University
Enrollment 100 participants

Key Eligibility Criteria

Inclusion (5)

- years old (working age population).
- NPRS score 4 or more for lower back.
- RMDQ score 7 and above.
- English speaking population
- Need insurance

Exclusion (8)

- Pregnancy (as stated by patient)
 - With cognitive or communication impairment .
 - Patients recommended for surgery
 - Participating in other form of intervention.
 - Prior history of chronic neurological disorder that impacts mobility (e.g. stroke, Parkinson's disease, multiple sclerosis)
- ... and 3 more (see full listing online)

Locations (1 total)

Outpatient Surgery Center/Stanford Spine Clinic, Redwood City, California, United States