

Expanding Exercise Programming for Veterans Through Telehealth

NCT05666167

Status	RECRUITING
Phase	Not Applicable
Sponsor	VA Office of Research and Development
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (3)

- diagnosis of symptomatic knee or hip OA
- Veterans at Eastern Colorado Healthcare System Primary Care Clinics with at least one VA visit within the past year
- physically inactive (add definition)

Exclusion (13)

- No telephone access
- hip or knee surgery or acute meniscus or anterior cruciate ligament tear in the past six months
- recent hospitalization for cardiovascular/cerebrovascular event
- serious mental health condition or behavioral issues precluding participating in group exercise
- terminal illness

... and 8 more (see full listing online)

Locations (1 total)

Rocky Mountain Regional VA Medical Center, Aurora, CO, Aurora, Colorado, United States