

Confirmation of Diet as a Treatment for Gulf War Illness

NCT05675878

Status	RECRUITING
Phase	Phase 3
Sponsor	American University
Enrollment	160 participants

Key Eligibility Criteria

Inclusion (4)

- Males and Females of all races and ethnicities who are ≥75 yrs of age
- Served in the 1990-1991 Persian Gulf War
- Fulfill both Center for Disease Control (CDC) and Kansas definitions of Gulf War Illness
- Stable medication regimen for ≥1 month and willing to keep medications and supplements stable throughout study participation

Exclusion (4)

- Recent substance use disorder (past year)
- Unwilling to stop using alcohol, tobacco (including vaping) and/or marijuana; or unwilling to change diet
- Diagnosed seizure disorder or severe asthma requiring past hospitalization
- Currently taking medication which affects glutamatergic or GABAergic neurotransmission (but can work with their physician to wean off of these medications prior to participating)

Locations (3 total)

American University, Washington D.C., District of Columbia, United States
Nova Southeastern University, Fort Lauderdale, Florida, United States
Boston University, Boston, Massachusetts, United States

<https://clinicaltrials.gov/study/NCT05675878>

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