

# Cultural Tailoring and Pilot Testing of an Inpatient Yoga Therapy Program for Cancer Patients Undergoing Hematopoietic Stem Cell Transplantation in India, Tanzania, and the United States

NCT05681026

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	M.D. Anderson Cancer Center
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Cancer patients scheduled to undergo an autologous or allogeneic HSCT at MD Anderson, HCG, or MNH;
- Age 18 or older;
- English, Hindi, or Swahili speaking;
- Able to sign a written informed consent and be willing to follow protocol requirements.

### Exclusion (3)

- Extreme mobility issues that preclude participating in the YT;
- Major thought disorders such as schizophrenia or uncontrolled bipolar disorder;
- HCT comorbidity score of 3 or higher, excluding cancer diagnoses

## Locations (3 total)

---

M D Anderson Cancer Center, Houston, Texas, United States  
Swami Vivekananda Yoga Anusandhana Samsthana, Giddenahalli, Karnataka, India  
Muhimbili National Hospital, Dar es Salaam, Tanzania