

Evaluation of the Walk With Ease Program for Fall Prevention

NCT05693025

Status	RECRUITING
Phase	Phase 1, Phase 2
Sponsor	Iowa State University
Enrollment	240 participants

Key Eligibility Criteria

Inclusion (2)

- being able to stand for at least 10 minutes without pain
- written permission from a physician

Exclusion (2)

- Already somewhat active (defined as at least 15 minutes of physical activity per day)
- Not at risk for falls (based on STEADI criteria)

Locations (1 total)

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