

Multicomponent Intervention Study- Blood Donors With High Cholesterol

NCT05693701

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Texas Southwestern Medical Center
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (2)

- Blood donors from Carter BloodCare with high cholesterol meeting MEDPED FH criteria
- Age 18 to 75 years

Exclusion (5)

- Currently taking medication to lower cholesterol
- Taking any medication that can interact with statins
- Pregnancy
- Identified secondary cause of elevated lipids
- Chronic liver disease or significantly elevated liver function tests (> 3 times upper limit)

Locations (1 total)

UT Southwestern Medical Center, Dallas, Texas, United States