

Dietary Interventions During Living Kidney Donations

NCT05709600

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Cologne
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (3)

- Patients \geq 18 years of age
- Planned living kidney transplantation (both donor and recipient are eligible)
- Written informed consent

Exclusion (10)

- Vegetarian lifestyle
- Body-Mass-Index (BMI) $<$ 18.5 kg/m²
- Calorie-reduced diet within the preceding four weeks
- Underlying wasting syndrome
- Contraindication for enteral nutrition
- ... and 5 more (see full listing online)

Locations (1 total)

Department II of Internal Medicine, Center for Molecular Medicine Cologne (CMMC), University Hospital of Cologne, Cologne, Germany

<https://clinicaltrials.gov/study/NCT05709600>

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