

Effect of Group Preoperative Pelvic Floor Training for HoLEP

NCT05719220

Status RECRUITING
Sponsor University of California, San Francisco
Enrollment 100 participants

Key Eligibility Criteria

Inclusion (3)

- Consecutive patients with a diagnosis of BPH with a plan to undergo HoLEP.
- Between the age of 50-90.
- Ability to understand and provide informed consent.

Exclusion (4)

- Patients whom inability to carry out PFT protocol.
- Patients unwilling or unable to complete follow up care.
- Severe urinary incontinence due to a history of neurological diseases such as a cerebrovascular accident or spinal cord injuries.
- Patients whom inability to read and understand the English language.

Locations (1 total)

University of California, San Francisco, San Francisco, California, United States