

Ibuprofen With or Without Dexamethasone for Acute Radicular Low Back Pain.

NCT05721027

Status	RECRUITING
Phase	Phase 4
Sponsor	Montefiore Medical Center
Enrollment	132 participants

Key Eligibility Criteria

Inclusion (7)

- Present to ED primarily for management of acute radicular LBP, defined as pain or paresthesia originating from the lower back and radiating to the buttock and or leg in a radicular pattern. Some patients may not have prominent LBP but a radicular symptom--we will include these patients as well.
- Patient is to be discharged home.
- Age 18-70 Enrollment will be limited to adults <70 years because of the increased risk of adverse medication effects in older adults.
- Pain duration <2 week
- Prior to the acute attack of radicular LBP, back pain cannot occur more frequently than half of the days in the last 3 months. Patients with more frequent back pain/sciatica are at increased risk of poor pain and functional outcomes.10
- ... and 2 more (see full listing online)

Exclusion (6)

- Not available for follow-up
- Pregnant
- Chronic pain syndrome defined as use of any analgesic medication on a daily or near-daily basis
- Allergic to or intolerant of investigational medications
- Chronic steroid use
- ... and 1 more (see full listing online)

Locations (2 total)

Albert Einstein College of Medicine/Montefiore Medical Center - Weiler ED, The Bronx, New York, United States
Montefiore Medical Center - Moses ED, The Bronx, New York, United States