

Evaluating the Impact of Including Virtual Dietary Education Within an Electronic Irritable Bowel Syndrome Pathway

NCT05721742

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Nova Scotia Health Authority |
| Enrollment | 76 participants |

Key Eligibility Criteria

Inclusion (3)

- Recurrent abdominal pain on average at least 1 day/ week in the last 3 months associated with two or more of the following criteria: related to defecation, or association with a change in frequency of stool or associated with a change in form (appearance) of stool
- Willingness to change diet
- Access to a device for accessing virtual dietary education

Exclusion (6)

- New onset symptoms within past year in age 50 and above
- Rectal bleeding
- Inflammatory Bowel Disease
- Unexplained recent weight loss
- Gastrointestinal surgery with removal of gallbladder or segments of the bowel
- ... and 1 more (see full listing online)

Locations (1 total)

QEII Health Sciences Centre, Halifax, N.S., Canada