

The Effects of a Low Glycemic Load Diet on Dysglycemia and Body Composition in Adults With Cystic Fibrosis-Related Diabetes

NCT05723445

Status	RECRUITING
Phase	Not Applicable
Sponsor	Rhode Island Hospital
Enrollment	15 participants

Key Eligibility Criteria

Inclusion (5)

- years and above
- Genetically confirmed diagnosis of CF
- Diagnosis of pancreatic insufficiency, requiring pancreatic enzyme replacement
- Criteria for CFRD:
 - A.) Most recent OGTT 2-hour glucose ≥ 200 mg/dL within the past two years, and/or; B.) HbA1c $\geq 6.5\%$ in the past two years, and/or; C.) Current use of insulin

Exclusion (7)

- FEV1 $< 50\%$ predicted on most recent pulmonary function testing
- BMI < 18 kg/m²
- Currently receiving enteral nutrition support via GT feeds
- Pregnancy, plan to become pregnant in the next 3-months, or sexually active without use of contraception
- Use of IV antibiotics or systemic supraphysiologic glucocorticoids for CF exacerbation within 1 month
- ... and 2 more (see full listing online)

Locations (2 total)

Boston Children's Hospital, Boston, Massachusetts, United States
Rhode Island Hospital, Providence, Rhode Island, United States