

A Study of Dual-task Exercise Training to Prevent Falls Among Older Adults With Mild Cognitive Impairment

NCT05725668

Status	RECRUITING
Phase	Not Applicable
Sponsor	Oregon Research Institute
Enrollment	336 participants

Key Eligibility Criteria

Inclusion (4)

- being 65 years and older
- having complaint of memory loss
- scoring ≥ 0.5 on Clinical Dementia Scale
- having had 1 or more falls in the preceding 12 months or scoring ≤ 12 seconds on the Timed Up and Go test

Exclusion (6)

- scoring < 24 on the Mini-Mental State Examination
- being able to ambulate independently for household distances
- having medical clearance
- having participated in any regular and structured tai ji quan-based exercise programs (≥ 2 times weekly) in the preceding 6 months
- having a progressive neuromuscular disorder such as Parkinson's disease or multiple sclerosis
- ... and 1 more (see full listing online)

Locations (1 total)

Oregon Research Institute, Springfield, Oregon, United States