

Impact of Heart Rate Variability Modulation on Stress Management Among Physicians

NCT05731856

Status	RECRUITING
Phase	Not Applicable
Sponsor	Michelle Thompson
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (1)

- UPMC attending physicians and residents. The participants must have either IOS or Android phones.

Exclusion (2)

- Unwillingness or inability to participate in the study
- Currently own an Apollo device

Locations (1 total)

University of Pittsburgh, Pittsburgh, Pennsylvania, United States