

Long Term Cardiovascular Disease Event Risk for Patients Undergoing Major Non-Cardiac Surgery

NCT05732714

Status	RECRUITING
Sponsor	University Health Network, Toronto
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (6)

- Age 45 - 75 years
- Scheduled for intermediate- to high risk non-cardiac surgery (intra-thoracic or intra-abdominal surgery, all vascular surgery, intra-cranial neurosurgery, spine surgery)
- Expected post-operative length of stay of at least two days, according to the surgeon's expectation
- At least two of the following CVD risk factors:
 - History of: Hypertension, Diabetes, Coronary artery disease, Chronic heart failure, Chronic kidney disease, Cerebrovascular disease, Peripheral vascular disease.
- ... and 1 more (see full listing online)

Exclusion (6)

- Currently participating in a CVD risk reduction program
- Patient is scheduled to undergo transplant or has undergone emergency surgery
- Life expectancy <1 year (palliative surgery)
- Recent (<6 months) myocardial infarction or stroke
- Surgery scheduled <1 month
- ... and 1 more (see full listing online)

Locations (1 total)

Toronto General Hospital, Toronto, Ontario, Canada