

# Efficacy of Nerve Blocks for Episodic Migraine

NCT05734625

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<b>Status</b>	RECRUITING
<b>Phase</b>	Phase 2
<b>Sponsor</b>	Mayo Clinic
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Suffering from episodic migraines with and without aura occurring at least four times a month but less than 15 times a month at a severity of 5/10 pain level or greater.
- Willing to not start or stop any new medication to treat or prevent migraines during the six months of the trial.
- History fits the definition of migraine:
- Have a history of episodic headache lasting 4-72 hours with at least 2 of the 4 following: unilateral location, pulsating/throbbing quality, moderate-severe intensity, aggravation by/causing avoidance of routine physical activity, and
- Have a history of at least one of the following: nausea and/or vomiting, photophobia (seek out a dark room during a headache because that feels better), phonophobia (seek out a quiet environment during a headache because that feels better)

### Exclusion (20)

- Headache in cheeks (infraorbital nerve distribution) in addition to scalp distribution.
  - Women who report being currently pregnant or lactating or are of child-bearing potential or are likely to become pregnant during the medication phase and are unwilling to use a reliable form of contraception. Acceptable forms include:
    - Hormonal methods, such as birth control pills, patches, injections, vaginal ring, or implants
    - Barrier methods (such as a condom or diaphragm) used with a spermicide (a foam, cream, or gel that kills sperm)
    - Intrauterine device (IUD)
- ... and 15 more (see full listing online)

## Locations (1 total)

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Mayo Clinic in Rochester, Rochester, Minnesota, United States