

Comparison of Methods in Post Operative Knee Arthroscopy Rehabilitation

NCT05735236

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Colorado, Denver
Enrollment	78 participants

Key Eligibility Criteria

Inclusion (3)

- Patients undergoing primary knee arthroscopy for ACL reconstruction without meniscus repair
- Completing initial 12 weeks of physical therapy at the Steadman Hawkins Clinic in Denver
- Patients with access to smartphone device

Exclusion (15)

- Bilateral knee surgeries to be performed within 12 weeks of each other
- Patients received meniscus repairs, chondral lesion repair/transplants,
- Prior surgery on the same knee
- Anyone who meets the following contraindications for BFR therapy:
- Deep Vein Thrombosis (DVT)

... and 10 more (see full listing online)

Locations (1 total)

UCHealth Steadman Hawkins Clinic, Centennial, Colorado, United States