

Family, Responsibility, Education, Support, and Health for Families With a Child With Autism

NCT05741840

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, San Diego
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (9)

- A child with OW/OB ($\geq 85\%$ BMI for age) aged 6-12 years
 - Documented (1) community diagnosis or provisional diagnosis of ASD or (2) educational diagnosis of ASD
 - The child meets cut-off criteria for autism on the Autism Diagnostic Interview-Revised (ADI-R), as well as overall DSM 5 criteria based on the clinical judgement of an experienced clinician
 - The parent who is responsible for food preparation is willing to participate
 - The family is willing to commit to attending all treatment and assessment sessions
- ... and 4 more (see full listing online)

Exclusion (6)

- Child diagnoses of a serious chronic physical disease (e.g., cystic fibrosis, type 1 diabetes) for which physician supervision of diet and/or exercise is needed
 - Child or first degree relative with diagnosis of anorexia or bulimia nervosa based on parent report
 - Acute parent psychiatric disorder (e.g., acute suicidality; recent hospitalization; psychosis, moderate or severe alcohol or substance use disorder) that could interfere with treatment.
 - Parent is not currently pregnant, lactating or planning to get pregnant during the study duration
 - Parent has had bariatric surgery less than 6 months ago and/or is not yet eating solid food or is planning to have bariatric surgery over the study duration
- ... and 1 more (see full listing online)

Locations (1 total)

UC San Diego Center for Healthy Eating and Activity Research (CHEAR), La Jolla, California, United States