

The Effect of Zolpidem on Outcomes Following Lumbar Spine Fusion

NCT05746143

Status	RECRUITING
Phase	Phase 4
Sponsor	University of Southern California
Enrollment	140 participants

Key Eligibility Criteria

Inclusion (3)

- degenerative lumbar disease
- age of 18-75
- undergoing open primary one- to three-level lumbar fusion

Exclusion (7)

- currently use a sleep aid nightly
- diagnosed with insomnia or sleep apnea
- history of delirium with opiates or zolpidem
- allergic to opiates or zolpidem
- had previous lumbar spine surgery
- ... and 2 more (see full listing online)

Locations (1 total)

Keck Medical Center of USC, Los Angeles, California, United States