

# SHould You TransFer the Tubercle?

NCT05759039

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Banff Sport Medicine Foundation
<b>Enrollment</b>	32 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Age 13-30 years
- Symptomatic recurrent lateral patellofemoral instability
- TT-TG  $\geq 15$ mm measured on MRI or  $\geq 18$ mm on CT scan
- Closed physes (confirmed on knee x-rays)

### Exclusion (8)

- Caton-Deschamps ratio  $\geq 1.4$  on lateral radiographs
- Femoral anteversion  $\geq 25$  degrees on diagnostic imaging rotational profile
- Tibial external rotation  $\geq 45$  degrees on diagnostic imaging rotational profile
- High-grade trochlear dysplasia requiring trochleoplasty
- Significant osteoarthritis on skyline plain imaging (Kellgren Lawrence grade  $\geq 2$ )
- ... and 3 more (see full listing online)

## Locations (1 total)

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Banff Sport Medicine, Canmore, Alberta, Canada