

Correlation Between Parameters and Prognosis of Cervical Single Open-door Surgery

NCT05767164

Status	RECRUITING
Phase	Not Applicable
Sponsor	Xijing Hospital
Enrollment	500 participants

Key Eligibility Criteria

Inclusion (4)

- Symptoms and signs of the patients were typical. MRI showed single or multiple central herniation of C3-C7 intervertebral discs or spinal stenosis at corresponding levels, which confirmed cervical myeloid cervical spondylosis or cervical spinal stenosis.
- Conservative treatment for more than 3 months before surgery was ineffective.
- The patients underwent cervical single open-door surgery.
- Informed consent was obtained from the patient and his family, informed consent was signed, and a complete follow-up was completed after surgery

Exclusion (7)

- Cervical spondylotic radiculopathy.
 - Cervical kyphosis or instability.
 - Cervical spondylosis caused by trauma, tumor, tuberculosis and metabolic diseases.
 - Revision surgery or combined anterior-posterior surgery is required.
 - The patients had severe neurological diseases affecting the evaluation of postoperative results.
- ... and 2 more (see full listing online)

Locations (1 total)

Xijing Hospital, Xi'an, Shannxi Province, China