

High- Versus Low-calcium Water for Bone Health

NCT05772364

Status	RECRUITING
Phase	Not Applicable
Sponsor	I.R.C.C.S Ospedale Galeazzi-Sant'Ambrogio
Enrollment	41 participants

Key Eligibility Criteria

Inclusion (3)

- Body mass index ≥ 18 and < 30
- Maintenance of diet and physical activity lifestyle throughout the duration of the study
- Acceptance of informed consent

Exclusion (7)

- Consumption of water with calcium > 150 mg/L
- Pregnancy (as established by self-declaration), breastfeeding, menopause
- Inability to follow the study protocol
- Cardiac, vascular, renal, and oncological disease
- Neuropsychiatric disease, developmental disorders
- ... and 2 more (see full listing online)

Locations (1 total)

IRCCS Istituto Ortopedico Galeazzi, Milan, Italy