

Optimizing a Technology-based Body and Mind Intervention

NCT05778604

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Central Florida
Enrollment	340 participants

Key Eligibility Criteria

Inclusion (4)

- e 60 years of age,
- No marked cognitive impairment \[Memory Impairment Screen (MIS) score e 5\]
- Live in their own homes or senior/retirement units
- Understand English

Exclusion (2)

- A medical condition precluding exercise such as uncontrolled cardiac disease (shortness of breath or feel pressure, squeezing, burning, or tightness when doing a physical activity)
- Currently receiving treatment from a rehabilitation facility

Locations (1 total)

University of Central Florida, Orlando, Florida, United States