

Rehabilitation in Post Concussion Syndrome

NCT05785000

Status	RECRUITING
Phase	Not Applicable
Sponsor	Rigshospitalet, Denmark
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (4)

- Post concussion syndrome (PCS) diagnose according to WHO ICD-10 classification and documented by written statement from physician verifying a mild traumatic brain injury
- Longer lasting symptoms for at least 4 weeks after initial trauma
- If allocated to add-on exercise protocol participant must feel able to prioritize the intervention structure
- Communication language must be Danish

Exclusion (3)

- Other diseases blurring the diagnose PCS
- Other serious brain diseases
- Severe cardiovascular diseases precluding physical activity according to protocol

Locations (1 total)

University College Copenhagen, Copenhagen, Region of Greater Copenhagen, Denmark