

# Study of Individualized, Precise and Standardized Cervical Open-door Surgery for Cervical Spinal Stenosis

NCT05786313

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Xijing Hospital
<b>Enrollment</b>	500 participants

## Key Eligibility Criteria

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### Inclusion (3)

- The age of 28-85 years old; Through systematic clinical and imaging examination, patients diagnosed with C3-7 multilevel cervical spondylitis myelopathy or cervical spinal stenosis who need to undergo posterior cervical open-door surgery.
- No contraindications in preoperative routine tests and examinations.
- Informed consent of patients.

### Exclusion (9)

- Cervical radiculopathy
- Cervical kyphosis or instability
- Cervical spondylosis caused by trauma, tumor, tuberculosis and metabolic diseases
- Revision surgery or combined anterior-posterior surgery is required
- Serious neurological diseases affect the postoperative effect evaluation
- ... and 4 more (see full listing online)

## Locations (1 total)

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Qi Wei, Xi'an, Shannxi Province, China