

A Study on the Effects of Exercise on Side Effects From Treatment for Gastrointestinal Cancers

NCT05789485

Status	RECRUITING
Phase	Phase 2
Sponsor	Memorial Sloan Kettering Cancer Center
Enrollment	216 participants

Key Eligibility Criteria

Inclusion (8)

- Aged e18 years
 - Diagnosed with colorectal or esophago/gastric solid tumors as defined by one of the following:
 - Histological confirmation
 - As per standard of care imaging
 - Scheduled to receive neoadjuvant chemotherapy or chemotherapy for newly diagnosed metastatic disease
- ... and 3 more (see full listing online)

Exclusion (4)

- Enrollment onto any other lifestyle interventional investigational study, except interventions determined by the PI not to confound study outcomes
- Receiving treatment for any other diagnosis of invasive cancer
- Mental impairment leading to inability to cooperate
- Any other condition or intercurrent illness that, in the opinion of the investigator, makes the subject a poor candidate for study participation

Locations (8 total)

Hartford Healthcare Alliance (Data Collection Only), Hartford, Connecticut, United States
Memorial Sloan Kettering Basking Ridge (Limited Protocol Activities), Basking Ridge, New Jersey, United States
Memorial Sloan Kettering Monmouth (Limited Protocol Activities), Middletown, New Jersey, United States
... and 5 more locations