

Eating to Adjust the Timing System

NCT05800990

Status	RECRUITING
Phase	Not Applicable
Sponsor	Brigham and Women's Hospital
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (4)

- yr old
- BMI 18.5-29.9
- No acute, chronic or debilitating medical conditions (e.g. metabolic, cardiovascular, respiratory, neurological, cancers, etc.)
- Without medication use (except oral contraceptives)

Exclusion (4)

- Currently smoking/vaping or 5 or more years of smoking/vaping
- History of drug or alcohol dependency
- History of psychiatric illness or disorder
- People with food allergies/intolerances or following specific diets

Locations (1 total)

Brigham and Women's Hospital, Boston, Massachusetts, United States