

# Effect of Physical Readiness Training In Badminton Players

NCT05811273

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	24 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Males
- years of age
- playing experience of at least 1 years and has regular practices

### Exclusion (3)

- Any recent injury that required medical attention;
- Significant musculoskeletal, neurological, visual, vestibular, cardiorespiratory, or cognitive disorders
- players who worked in occupations involving heavy manual work

## Locations (1 total)

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Pakistan Sports Borad, Lahore, Punjab Province, Pakistan