

YOOMI: Effect of Gamified Physical Therapy Exercise Software on Inpatient Mobility

NCT05815017

Status	RECRUITING
Phase	Not Applicable
Sponsor	Rutgers, The State University of New Jersey
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (5)

- \geq 65 years of age
- English-fluency in reading and speaking
- Capacity to consent
- Enrolled in HELP program
- Attending physician confirms there are no medical contraindications to in-bed exercises

Exclusion (5)

- Unstable Psychiatric Illness
- Unstable/Critically Ill Patients requiring ICU-level of care
- Surgical tube present (e.g. JP drains)
- Surgery during the hospitalization
- Bed Rest Activity Order

Locations (1 total)

Robert Wood Johnson University Hospital, New Brunswick, New Jersey, United States