

Ebastine Versus Mebeverine in IBS Patients

NCT05815602

Status	RECRUITING
Phase	Phase 3
Sponsor	Guy Boeckxstaens
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (5)

- Voluntary written informed consent of the participant or their legally authorized representative has been obtained prior to any screening procedures
- Patients fulfilling the Rome IV criteria for non-constipated IBS (IBS-C subtypes will be excluded)
- No organic cause that can explain the presenting symptoms (exclusion of coeliac disease (blood), lactose intolerance (breath test), inflammatory bowel disease and giardiasis (stool))
- Patients with lactose intolerance can be included if no improvement on lactose free diet during 6 weeks
- Age 18-65

Exclusion (6)

- History of coeliac disease, food allergy, giardiasis, inflammatory bowel disease, infectious gastroenteritis, motility disorder, serious liver kidney cardiac or pulmonary disease, known cardiac rhythm disorders, insulin-dependent diabetes, psychiatric diseases
 - Pregnancy, breast feeding
 - Medication: the use of antidepressants or antipsychotics, anti-allergic medication or drugs affecting gastrointestinal motility / visceral sensitivity (anti-cholinergics, antispasmodics, 5-HT3 antagonists, 5-HT4 agonists, loperamide, codeine, laxatives, analgesics: only paracetamol is allowed as analgetic, other analgesics are forbidden.), CYP3A4-inducing and inhibiting drugs. Potent inhibitors of CYP3A4 include clarithromycin, erythromycin, diltiazem, itraconazole, ketoconazole, ritonavir, verapamil, goldenseal and grapefruit. Inducers of CYP3A4 include phenobarbital, phenytoin, rifampicin, St. John's Wort and glucocorticoids.
 - Symptoms started following abdominal surgery
 - IBS constipation dominant (IBS-C)
- ... and 1 more (see full listing online)

Locations (5 total)

GZA, Antwerp, Antwerpen, Belgium
UZA, Antwerp, Antwerpen, Belgium
AZ St-Maarten, Mechelen, Antwerpen, Belgium
... and 2 more locations

<https://clinicaltrials.gov/study/NCT05815602>

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