

# Wakaya: Rising Up for Choctaw Youth Health

NCT05818384

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Washington
<b>Enrollment</b>	176 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Be enrolled in Choctaw Nation of Oklahoma (CNO)
- Live within CNO tribal region for 12 months
- YES to one of the following:
  - Consumed sweetened beverages or processed/fast food 2x or more per week; OR
  - Engaged in excessive sitting or lying around (>540 min/day) or engage in small screen recreation (>2 hours/day); OR
- ... and 2 more (see full listing online)

### Exclusion (6)

- opioid/methamphetamine drug use (2 times or more in past month)
- allergic reactions to food (e.g. peanuts), plant (poison oak or ivy) or insects (e.g. bees, fire ants) that caused difficulty in breathing or necessitated hospitalization or caused an anaphylactic reaction
- disability that prevents student from walking or from engaging in exercise
- aggressive, violent, combative or inappropriate behaviors
- inability to follow directions
- ... and 1 more (see full listing online)

## Locations (2 total)

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Choctaw Nation of Oklahoma, Durant, Oklahoma, United States  
University of Washington, IWRI, School of Social Work, Seattle, Washington, United States