

# Conservative Management for Adolescent Idiopathic Scoliosis

NCT05819034

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Umm Al-Qura University
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Adolescents of both sexes with an age range between 10-17 years.
- They were diagnosed with Adolescent idiopathic scoliosis by an orthopedic specialist, confirmed through (loaded) X- rays.
- They have mild non-structural scoliosis with Cobb's angle measurement of between 10 and 25 degrees
- They have Single major thoracolumbar curve located between T6-7 to L1-2, apex at T12 or L1.
- They have good health conditions except for scoliosis.

... and 1 more (see full listing online)

### Exclusion (9)

- Adolescents with cerebral palsy or other degenerative neurological disorders;
- Participants with nutritional disorders e.g. diabetes or vascular disorders.
- Participants with a scoliotic curve with angle  $\gt 25^\circ$  will be excluded.
- Participants will be excluded from this study if they have inflexible spinal deformities interfering with spinal mobility,
- Participants who were subjected to any corrective surgery to their spine within the previous two years.

... and 4 more (see full listing online)

## Locations (1 total)

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Umm Al Qura University, Mecca, Mecca Region, Saudi Arabia