

# Cardiac Rehabilitation Mobile-Health Fall Risk Prevention Intervention

NCT05826587

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Mayo Clinic
Enrollment	128 participants

## Key Eligibility Criteria

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### Inclusion (2)

- All patients referred to and who undergo early outpatient CR irrespective of diagnosis will be eligible for the study.
- All participants must have access to a smart mobile device.

### Exclusion (6)

- Advanced dementia.
- Wheelchair bound.
- Vision loss.
- Patients that underwent sternotomy within 12-weeks will be excluded from the upper body muscular strength/power assessment and associated upper body training. At the time of enrollment into CR, balance, upper body muscular fitness, and lower body muscular fitness will be assessed in each subject before they are randomized at a 1:1 allocation ratio into one of two parallel groups:
- Standard early outpatient center-based supervised CR only (control; CR); or
- ... and 1 more (see full listing online)

## Locations (2 total)

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Mayo Clinic Arizona, Scottsdale, Arizona, United States  
Mayo Clinic Florida, Jacksonville, Florida, United States