

# The Influence of Hormone Replacement Therapy and Supervised Exercise Training on Body Composition, Cardiovascular Risk and Insulin Sensitivity in Postmenopausal Women

NCT05831709

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University Hospital, Ghent
<b>Enrollment</b>	390 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Postmenopausal women (diagnosed by physician) with complaints due to menopause
- Indication for hormonal substitution therapy (except for the control group)
- Good general health
- BMI: 20-30 kg/m<sup>2</sup>
- Only the use of cholesterol-, blood pressure- or/and thyroid-regulating medication is permitted

## Locations (1 total)

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Ghent University Hospital - Women's Clinic, Ghent, Belgium