

Effect of Physical Activity Pattern on Cardiometabolic Health

NCT05838508

Status	RECRUITING
Phase	Not Applicable
Sponsor	Brigham and Women's Hospital
Enrollment	26 participants

Key Eligibility Criteria

Inclusion (4)

- yr old
- Body mass index (BMI) 18.5 - 34.9 kg/m²
- No acute, chronic or debilitating medical conditions (e.g. metabolic, cardiovascular, respiratory, neurological, cancers, etc.)
- Willing to adhere to the protocol requirements for the duration of the study

Exclusion (7)

- Currently smoking/vaping or 5 or more years of smoking/vaping
- Currently pregnant or breastfeeding
- History of drug or alcohol dependency
- History of psychiatric illness or disorder
- Any hospitalization due to COVID-19
- ... and 2 more (see full listing online)

Locations (1 total)

Brigham and Women's Hospital, Boston, Massachusetts, United States