

Patient-centred Deprescribing of Psychotropic, Sedative and Anticholinergic Medication in Elderly Patients With Polypharmacy

NCT05842928

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ludwig-Maximilians - University of Munich
Enrollment	352 participants

Key Eligibility Criteria

Inclusion (6)

- Aged 65 years or older
- Patient is capable of giving consent
- GP contact in the quarter prior to inclusion
- Current use of e 5 drugs, including e 1 PSA-PIM (hypnotics, opioids, gabapentinoids, antipsychotics, antidepressants, anticholinergic urospasmolytics) with a treatment duration of e 6 months
- Willingness to select a regular pharmacy for the study period
- ... and 1 more (see full listing online)

Exclusion (6)

- Terminal illness (life expectancy < 6 months)
- Current treatment of pain associated with cancer
- Other serious physical illness or mental distress (e.g. bereavement) that makes participation in the study impossible (according to the GP's assessment)
- Psychiatric illness or addiction that makes participation in the study impossible (according to the GP's assessment)
- Unable to meet the requirements of the study (participation in telephone or written questionnaires, visits to the GP practice or community pharmacy, alone or with the help of caregivers for physical infirmity)
- ... and 1 more (see full listing online)

Locations (3 total)

University of Bielefeld, Bielefeld, Germany
University Hospital, LMU Munich, Munich, Germany
Witten/Herdecke University, Witten, Germany

<https://clinicaltrials.gov/study/NCT05842928>

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