

Effects of Auricular Acupressure Versus Intermittent Dietary Restriction in Children With Gastric Heat and Dampness Obstruction

NCT05847478

Status	RECRUITING
Phase	Not Applicable
Sponsor	Children's Hospital of Fudan University
Enrollment	240 participants

Key Eligibility Criteria

Inclusion (2)

- Have at least one of the following cardiometabolic risk factors: overweight or obesity, prediabetes, dyslipidemia or elevated blood pressure.
- Traditional Chinese medical syndrome type is gastric heat and dampness obstruction syndrome.

Exclusion (3)

- Diagnosis of obesity associated with genetic or endocrine diseases, including hypercortisolism, polycystic ovary syndrome, primary hypothyroidism and hypothalamic obesity.
- Participating in other clinical trials or have participated in other clinical trials in recent 3 months.
- Diagnosis of organic diseases, including heart, liver, kidney and brain or infectious diseases and mental diseases.

Locations (1 total)

Children's Hospital of Fudan University, Shanghai, China