

Is Physical Therapy Clearance Before Arthroplasty Home Discharge Necessary?

NCT05858086

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Maryland, Baltimore
Enrollment	210 participants

Key Eligibility Criteria

Inclusion (3)

- are 18 years of age or older
- undergo primary THA or TKA
- are eligible for same-day home discharge (friends or family available to stay at home with the patient for one week postoperatively and medically stable for discharge from PACU per anesthesia).

Exclusion (4)

- years of age or older
- have sleep apnea (not eligible for same-day discharge)
- require overnight stay for any reason
- undergo revision THA or TKA.

Locations (2 total)

University of Maryland, Baltimore, Maryland, United States
Hospital for Special Surgery, New York, New York, United States

<https://clinicaltrials.gov/study/NCT05858086>

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