

# Exercise for Oncology Care Professionals

NCT05884073

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Melanie Keats
<b>Enrollment</b>	70 participants

## Key Eligibility Criteria

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### Inclusion (5)

- years of age or older;
- Able to speak/write in English;
- Must be providing formal care to cancer patients in a clinical setting within the Halifax Municipality;
- Actively practicing within the Nova Scotia Cancer Care Program; and
- Able and willing to engage in low-to-moderate intensity physical activity.

### Exclusion (2)

- Exceeding Canadian physical activity guidelines of 150-minutes of moderate-to-vigorous physical activity per week; and
- Any health condition that would preclude safe participation in a new exercise program.

## Locations (2 total)

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Physical Activity and Cancer (PAC) Lab, Halifax, Nova Scotia, Canada  
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