

Yoga Versus Health Education for the Treatment of Persistent Fatigue in Patients With Post COVID-19 Syndrome

NCT05890599

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital Tuebingen
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (5)

- Confirmed COVID-19 diagnosis
- Follow-up symptoms of e 12 weeks
- Persistent fatigue (scores e4 on the binomial Chalder Fatigue Scale).
- Self-assessment that fatigue was a consequence of COVID-19 disease
- Age 18-65 years

Exclusion (7)

- Chronic medical conditions or regular use of medications associated with fatigue
- Indication of health cause of fatigue other than post-COVID.
- Indication of other factors as the main cause of fatigue
- Physical limitations that do not allow participation in the yoga intervention
- Pregnancy, breastfeeding
- ... and 2 more (see full listing online)

Locations (1 total)

Bosch-Health-Campus, Stuttgart, Germany