

Moderate Alcohol Consumption and Heart Function in Patients With a Recent Myocardial Infarction

NCT05920629

Status	RECRUITING
Phase	Not Applicable
Sponsor	Baris Gencer
Enrollment	220 participants

Key Eligibility Criteria

Inclusion (7)

- Hospitalization for acute ST-elevation MI (STEMI) or non ST-elevation MI (NSTEMI) within 365 days prior to screening
- Men and women aged ≥ 18 years who are capable and willing to provide consent
- ECG ischemic changes, such as persistent or dynamic ST-segment deviation
- Evidence of positive high-sensitive troponin
- Confirmation of coronary heart disease aetiology by angiography

... and 2 more (see full listing online)

Exclusion (17)

- High alcohol consumption, defined as an average of ≥ 28 alcoholic standard units/week in the 12 months prior to the index hospitalization
- Alcohol use disorder (AUDIT score ≥ 20 at screening)
- History of alcohol or substance abuse
- Naïve to alcohol consumption
- Light alcohol consumption (< 4 standard units by week)

... and 12 more (see full listing online)

Locations (4 total)

Universitätsspital Basel, Basel, Basel, Switzerland
Inselspital, Bern, Canton of Bern, Switzerland
Centre hospitalier universitaire vaudois, Lausanne, Canton of Vaud, Switzerland
... and 1 more locations